

Personality Development through Vedic Wisdom

Short Name: Vedic Wisdom

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Objective of the Course:

Today's society is full of bright and smart people. However, because of the emergence of negativity or negative thoughts they lost their analytical and rational thinking abilities which later starts affecting their behavior. Studying these factors could provide the precise reason behind the deterioration in one's personality. In addition, the society around us lacks the values which used to constitute a base on ethics, spirituality, and morals that affect the behavior and personality of today's individual. With this objective in mind, this course is designed to inculcate such values in individuals, and it will endow them with positive and confident personality development.

Benefit for Students:

This course is an inspiring formulation for the development of personality and character building. It allows the student to overcome the situation of stress and negativity by understanding our traditional value system and its applications in day-to-day life.

Methodology:

Vedic seers expressed their experiences and vision of interacting with truth in Vedas that arose over many centuries. Interestingly, the findings and teachings in Vedas are relevant today and holds unique significance for all of mankind. Primarily, Vedic knowledge is the chief source of Indian religion and culture along with the roots of various studies such as Medicine, Astronomy, Philosophy, Botany, Social Sciences, Fine Arts, among others that are easily traceable in the Vedic literature. One should always be aware of what should and should not be done. Various principles that are foundations of moral instruction will be taught to students that will help shape their personalities and make them understand the right approach to build their own character. Course work will include lectures both in verbal & PPT formats, assignments, homework, quizzes, and reports, that are followed by exams.

What's New:

This course will include an interdisciplinary approach in learning starting from basic knowledge about Vedas and Ancient Sanskrit Literature, further, it includes the understanding of Human Behavior by implementing Spiritual and Philosophical Gains through Vedic Knowledge. 'Personality Development' is the development process to enhance one's personality and attitude through organized thought and behavior patterns that make up a person's unique personality emerge over time. One must understand the Vedic view and its utility in personality-traits and human behavior. Hence, exploration of the concept of 'Personality Development' through our own Vedic practices may indeed appear to be in resonance and possibly another way of approaching it.